

Track and field: CU Buffs' Kipp punches ticket to Moscow

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University of Colorado senior Shalaya Kipp earned a spot on the U.S. roster for the World Championships by finishing third in the 3,000-meter steeplechase.

Kipp notched her best time of the season -- 9 minutes, 46.83 seconds -- but it is short of the IAAF World Championships "A" standard of 9:43.00. She will need to complete a race in that time in order to participate at Worlds in August.

The temperature on the track was over 100 degrees in Des Moines, Iowa, on Saturday at the U.S. Track and Field Championships.

Kipp started the steeplechase conservatively, running about 10th for the first couple of laps before slowly working her way up in the pack.

With two laps remaining, she was in eighth-place and picked off three runners to move into fifth at the start of the bell lap. Kipp continued her strong surge and was in fourth-place with just more than 200 meters left.

At the final water jump, Kipp surged past Jamie Cheever to finish third.

Nicole Bush won the race in 9:44.53 and Ashley Higginson was second in 9:46.25.

Also Saturday, former Buff Jeremy Dodson advanced to the semifinal round of the 200, clocking a 14th place overall finish in 20.40.

Isiah Young had the fastest time in the first round of the 200, finishing in 20.09. Wallace Spearmon, one of the 200 favorites, also advanced.

Tyson Gay showed no signs of fatigue after winning the 100 meters, comfortably advancing out of his opening heat of the 200, as well.

Gay was in control the whole way as he won his heat in 20.14 seconds, the third-fastest overall time on a hot afternoon. He was back on the track hours after holding off Justin Gatlin for the 100 title.

Gatlin skipped the 200 because of a tweaked right hamstring, an injury he hid throughout the 100 rounds. Gatlin said in a text that running "9.8 on a bum (hamstring) twice is my limit of luck."

Brianna Rollins set an American record in the 100-meter hurdles. Rollins, a standout at Clemson before turning pro this month, finished in 12.26 seconds to break the mark of Gail Devers in 2000.

Not to be outdone, 17-year-old Mary Cain finished second in the 1,500 meters. She was edged at the line by training partner Treniere Moser.

The final day of the U.S. Championships is Sunday. CU's Billy Nelson and Aric Van Halen will be running in the steeplechase finals and Dodson will compete in the 200 semifinals. Jenny Simpson, who is the reigning IAAF 1,500-meter World Champion, has a bye in the 1,500 and will compete in the women's 5,000. Laura Thweatt and Dathan Ritzenhein are also set to compete in the 5,000.

U.S. Outdoor Championships

Drake Stadium, Des Moines, Iowa

Current and former CU Athletes

Women's 3,000-meter steeplechase finals: 1. Nicole Bush, New Balance, 9:44.53; 3. Shalaya Kipp, 9:46.83

Men's 200-meters first round: 1. Lance Brooks, Nike, 20.44; 14. Jeremy Dodson, 20.40.